

FIG. 1A

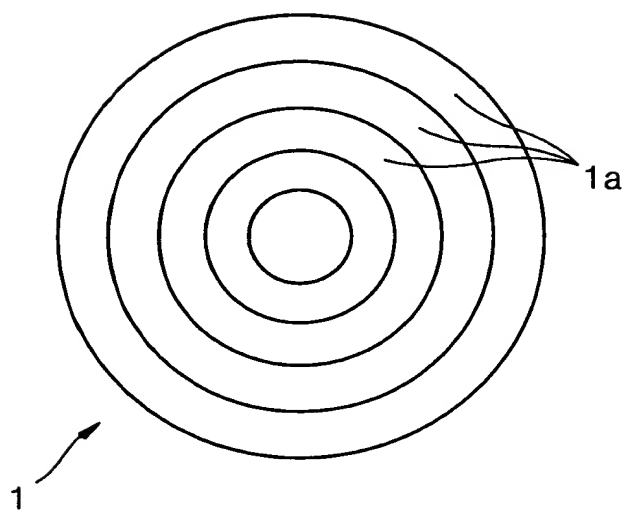


FIG. 1B

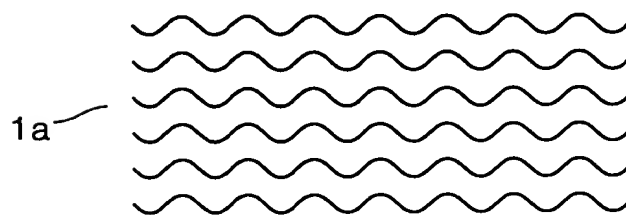
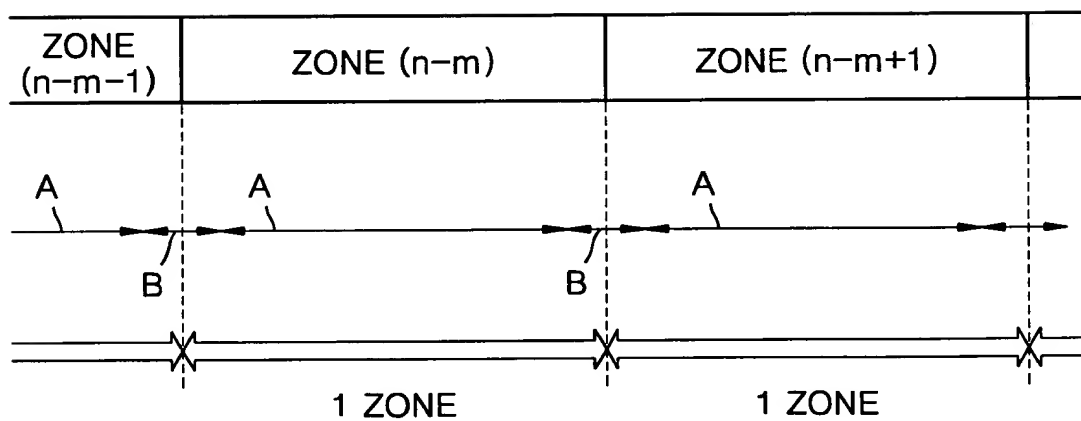


FIG. 2



A : DATA RECORDING AREA
B : COUPLING AREA

FIG. 3

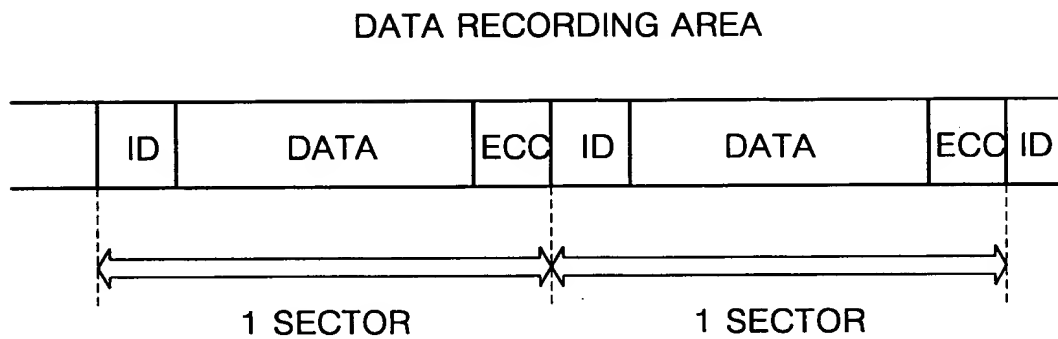
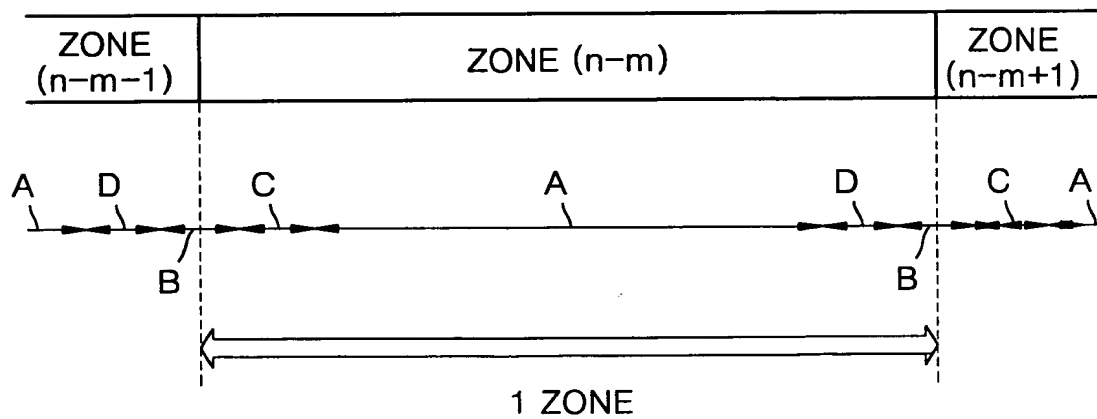
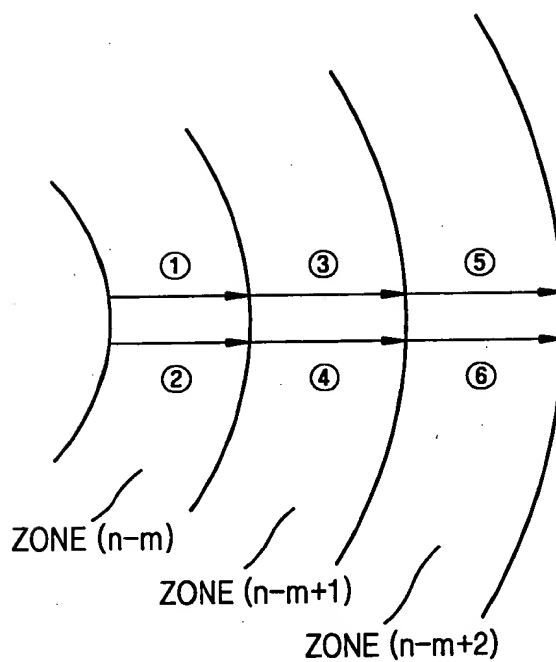


FIG. 4



A : DATA RECORDING AREA
 B : COUPLING AREA
 C : ZONE START AREA
 D : ZONE END AREA

FIG. 5



- ① : RECORDING AND REPRODUCTION GROOVE PORTION OF ZONE (n-m)
- ② : RECORDING AND REPRODUCTION LAND PORTION OF ZONE (n-m)
- ③ : RECORDING AND REPRODUCTION GROOVE PORTION OF ZONE (n-m+1)
- ④ : RECORDING AND REPRODUCTION LAND PORTION OF ZONE (n-m+1)
- ⑤ : RECORDING AND REPRODUCTION GROOVE PORTION OF ZONE (n-m+2)
- ⑥ : RECORDING AND REPRODUCTION LAND PORTION OF ZONE (n-m+2)